

Happy Christmas?



Animal Aid and other animal protection groups have filmed undercover in turkey farms across the UK. This is what we found:

“ The birds were in a sorry state with a high rate of feather damage, walking disorders, deformed feet with many unable to raise themselves off the filthy floor. Long dead birds were on top of the feed bins. The birds here are a reflection of their squalid, filthy and depressing surroundings. ”

- Animal Aid investigator

“ I tried to alleviate some of the turkeys' suffering by offering them water, but many were already dying as their injuries prevented them from getting to the food and drinkers. Other birds were dragging themselves around on painful, swollen and very often, deformed joints. ”

- Hillside Animal Sanctuary investigator (Freedom Food farm) | www.hillside.org.uk

“ It is a world of cost efficiency where nothing is natural and everything is unreal – no daylight, no fresh air, the constant hum of ventilators, artificial light and the stench of stale excreta and ammonia. It is hard to describe the feeling when you stand among thousands of sick, dying and frustrated animals, but it isn't a pleasant one. ”

- Viva! investigator (Bernard Matthews farm) | www.viva.org.uk



Turkeys experience pain, fear and distress just like any other animal. Whether factory farmed, free-range or organic, all turkeys meet a bloody end at the slaughterhouse when they are, typically, only four months old. So this Christmas, spare a life and have a meat-free feast instead!



For a traditional-style Christmas lunch try Redwood's Celebration Roast* – faux roast turkey with meat-free sausages wrapped in bacon. Delicious! Or choose from their slices of faux 'chicken', 'beef', 'turkey' or 'ham', accompanied by all the usual Christmas trimmings. But why not try something different, such as the delicious recipes featured in our FREE Compassionate Christmas booklet? How does savoury Christmas strudel and port wine sauce take your fancy?

** Available from health food shops*

Yes, I want to help stop animal suffering

Please send me a **FREE** guide to a Compassionate Christmas

I enclose a donation of:
 £ (cheque payable to Animal Aid)

Please return this form to Animal Aid at:
 The Old Chapel, Bradford Street,
 Tonbridge, Kent, TN9 1AW.

- Tel: 01732 364546
- info@animalaid.org.uk
- www.animalaid.org.uk



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Animal Aid exposes and campaigns peacefully against all animal abuse, and promotes a cruelty-free lifestyle

Please tick this box if you would prefer NOT to receive information from like-minded organisations